

Assisting Colleagues in Healthcare



Reading time:
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This webinar is in line with AHPRA requirements in relation to assisting your colleagues and the content for discussion is the expected professional conduct by healthcare practitioners. The presenter is Dr Stephen Jurd, a Consultant Psychiatrist, who will provide you with some meaningful tools to assist.

At times, being a healthcare practitioner can be a lonely profession. You often work in isolation and you can be generally regarded as the leading authority when it comes to your practice. Sometimes however, this can cause some practitioners into troubled waters and they often find it very difficult to reach out and try to ask for support.

Health practitioners can run into difficulties for a number of reasons such as stress, fatigue, bullying, unprofessional behaviour, as a result of a claim or complaint or investigation, family and personal relations, substance abuse - and many more. How to identify when a colleague is in trouble and what you can do to assist them is a valuable tool

Ask yourself - would you know how to read the signs of a colleague in trouble?

Learning outcomes

- Improved understanding of the problem of health practitioner ill health
- Identify when a colleague is in difficulty
- Implement measures to reach out to assist colleagues

Presenter

Dr Stephen Jurd graduated in 1978 and trained in psychiatry at Macquarie Hospital. Dr Jurd developed the Drug and Alcohol Services at Royal North Shore Hospital (1984 to 2006). He chaired the Section on Alcohol and Other Drugs for six years and was the inaugural chair of the Subcommittee for Advanced Training in Addiction Psychiatry. Since 2006 he has been Director of Postgraduate Training in Psychiatry in northern Sydney and from 2008-14, chair of the RANZCP Committee for Training. He has published 30 scientific papers, participated in the development of clinical guidelines, presented at national and international meetings and granted the title of Clinical Associate Professor at the University of Sydney.

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