

Self-Esteem & Body Image Awareness

Reading time:

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Date created: 01/07/2023

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This important webinar will detail the educational modules and clinical tools and will outline plans for a public awareness campaign targeting young people about the risks and benefits of appearance altering surgery.

MIPS is proud to have been part of this initiative and is excited about the role these resources can play in assisting practitioners, patients and the public.

This session will be Presented by [Nichola Rumsey](#), OBE, PhD. Professor Emerita, Centre for Appearance Research, UWE Bristol Consultant Research Psychologist.

Hosted by Dr Owen Bradfield MIPS' new Chief Health Officer.

Learning outcomes

At the end of this webinar, participants will be able to:

- Discuss the key factors to consider prior to performing, or referring for, cosmetic procedures.
- Discuss available clinical assessment tools to help you assess risk factors before and after surgical interventions & less invasive aesthetic procedures.
- Plan effective strategies to minimise your medico-legal risk.

Q & A

⊕Cosmetic surgery is higher in higher socio economic population. So is it a problem of riches?

⊕As a practitioner, how do we access the PAT to be able to incorporate in our practice? Access agreements are under discussion.

⊕Do you think religion can play a role? Preaching created from God image therefore not to change

⊕What about people who are ugly and feel fine?

⊕What are the characteristics of the 20-33% of people who are not bothered?

⊕Doesn't the gender surgery fall into this topic as well? ("I'd like to be someone else")

⊕To what extent does this pertain to Gender Dysphoria and those seeking Gender reassignment surgery?

⊕Does body art (tatoos) fall into the same category as aesthetic medical or dental procedures as an

indicator of self esteem and body image ?

⊕Working in forensic medicine - I am concerned about children and young people, even adults who are watching pornography and developing ideas about perfect genitals and seeking surgical changes. Many vulnerabilities and exposure to non-medical, backyard solutions etc any thoughts on this area?

⊕How do you differentiate between those patients seeking cosmetic surgery who have issues with self-esteem and psychological vulnerabilities and their suitability towards said procedure?

⊕A lot of female sales reps and those in the media who are getting older often have minor cosmetic procedures as find it helps their employability. What can be done about this as they are still judged by their appearance

MIPS resources

- Self-esteem and Body Image - A growing social and community issue [handout](#)
- [MIPS on Demand Online modules with CPD](#)

Watch the webinar
