

# COVID-19: Protecting Your Assets



Reading time:

Tom Wilson

Last Modified on 02/05/2024 11:22 am AEST

Tags: [Medical Practitioner](#) | [Dental Practitioner](#) | [Webinars](#) | [Financial Wellbeing](#) | [On Demand](#)

This member webinar is designed to assist members manage the impact of Covid 19.

As Australia tries to flatten the curve of COVID-19, the major impact of the lock down on people's personal and financial well being is beginning to surface. Almost a third of Australians have had their household finances worsened as a result of the pandemic with a concomitant surge of psychological distress, depression and anxiety. It is important that MIPS members have all available resources to assist them self-care so they in turn may effectively support and assist the community they serve.

As part of MIPS' commitment to its members, we are offering this webinar to outline some of the resources available to you and provide you with some key strategies to minimise the impact of COVID-19 on your health, your career and your livelihood.

## Presenters

Dr Kym Jenkins, Consultant Psychiatrist and recent past President of RANZCP, has a clinical and academic interest in the health and welfare wellbeing of the medical profession spending 10 years as Medical Director of the Victorian Doctors' Health Program.

Megan Smith has over 20 years' experience providing business and financial advice to healthcare professionals, Megan assists clients mitigate their risk, optimise performance and capitalise on opportunities.

Megan assists clients to maximise their outcomes by implementing strategies to underpin their success. She actively provides advisory services for practice improvement initiatives and goal setting, valuations and practice succession, cash flow forecasting and taxation planning. Megan regularly provides thought leadership on financial matters affecting the medical professional.

### Learning outcomes

- Understand strategies to assess your mental and physical wellbeing and identify key areas of concern
- Provide practical strategies to make financial decisions in your best interest
- Implement strategies to exercise self-awareness and improve mental and physical wellbeing and resilience

[Watch the webinar](#)

## Related articles



CAREER LEADERSHIP PROGRAM >