

COVID-19 Impact on Practitioner Wellbeing

Reading time:

Jayson Nagpiing

Date created: 14/03/2024

Tags: [Webinars](#) | [Medical Practitioner](#) | [Dental Practitioner](#) | [Health & Wellbeing](#) | [On Demand](#)

This on demand webinar is designed to assist members manage the mental health impact of the COVID-19 pandemic.

As Victoria and New South Wales battle with increasing numbers of daily COVID-19 cases, prolonged lockdowns, vaccine rollout challenges, staff shortages and difficult patient interactions, healthcare practitioners have been called to shoulder a towering workload, often resulting in stress and burnout.

As part of MIPS' commitment to promote practitioners' wellbeing, this webinar aims to provide you with an opportunity to reflect on the current challenges that this second year of the COVID-19 outbreak has brought for your practice and to explore some strategies to help you care for self while caring for others, to ensure you minimise any of the of clinico-legal risks associated to the delivery of care in times of a global pandemic.

Presenter

This webinar is presented by Dr Ahmed Kazmi (MBChB MRCP MRCGP FRACGP DRCOG DFSRH DCH DGM DipClinDerm), GP and dermatology practitioner, as well as stand-up comedian and cabaret artist, who is passionate about provider wellbeing.

Learning outcomes

At the end of this session, participants will be able to:

- Identify the main challenges faced by healthcare professionals during the COVID-19 pandemic
- Discuss effective strategies to self-care while caring for others
- Implement a self-care toolkit of strategies to foster wellbeing and prevent burnout.

[Watch the webinar](#)

Q & A

Disclaimer

The materials provided are for educational purposes only. Whilst all reasonable care has been taken in preparing these materials, including the accuracy of the information supplied, MIPS does not accept any liability whatsoever arising out of the use or reliance of the information provided.

Thank you for all your questions both pre webinar and all the interaction during the event. We have not answered all questions as some relate to clinical issues (this was education about communication and professional behaviours) and some issues were beyond the remit of MIPS.

We have also provided the poll results and some fellow member chat box comments (deidentified) which you may find interesting.

If you require further clarification contact MIPS on 1800 061 113 or via info@mips.com.au

⊕A patient questioned my qualification and competency based on my accent. I felt quite upset and bullied by his comments. So my question would be.. how do you stop this communication from a patient without not being emotional? I feel like there is more to the story for his behaviour but I was so disgusted by his attitude and manner that I have asked for him not to be booked back in with me.

⊕Why is there no process to manage hospital culture?

⊕What about the implementation in a patient/significant other escalation system for patient care?

⊕Do we have some kind of warning system Re the Henty's of the world?

⊕Perhaps all of the characters in this play are in need of help?

⊕Shouldn't Dr. Henty be reported to the Medical Board? He seems to have unscarred in this scenario?
No absolute reprimand, since he has the option of relocating to another Hospital.

⊕Any comments on the underperforming junior staff? Also not uncommon.